

Christine Pothier

In-house/Fractional

PERFORMANCE COACH



Service Offering

- ✓ Provide coaching sessions focussed on enhancing performance, managing stress, and improving decision-making abilities.
- ✓ Deliver workshops and training programs on topics such as resilience, emotional intelligence, and effective communication.
- ✓ Collaborate with executives to develop and implement strategies for talent development, leadership coaching, and organizational effectiveness.

wayscape.ca 

Ottawa 



GET TO KNOW ME
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Professional Performance

TEAM COACH

Navigating Change

Your strength as leaders is measured by your ability to navigate change.



In this session, we will discuss:

- ✓ Psychology of Change: Understand the inherent human resistance to change and learn strategies to overcome it
- ✓ Change Management: What is is and what it isn't
- ✓ Change Strategies: Acquire actionable steps that you can implement immediately, empowering you to lead confidently through any transition.

This session is for leadership teams wanting the strategies required to thrive amidst change.



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